

# Chocolate Chip Flax Cookies enjoy!

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Stored in freezer bags in your freezer, these Chocolate Chip "Super" Cookies are always ready for your lunch bag!

## **Ingredients:** (*sf*-superfood, *asf*-almost super food)

1/2 cup	flax seed meal ( <i>sf</i> )	1/4 cup	vegetable oil spread
1/2 cup	oat bran ( <i>sf</i> )	1/4 cup	brown sugar
3/4 cup	whole wheat flour ( <i>sf</i> )	1/4 cup	white sugar
1/2 tsp.	baking powder	1	egg
1/4 cup	dark chocolate chips ( <i>sf</i> )	1/2 tsp.	vanilla
2 Tbls.	vegetable oil	2 Tbls.	milk

### Directions:

Preheat oven to 350 degrees.

Combine vegetable oil, vegetable oil spread, sugar, egg, milk and vanilla in medium size bowl. In separate bowl, mix together the flax seed meal, oat bran, whole wheat flour and baking powder. Add the dry ingredients to the wet ingredients. Mix well. Add the chocolate chips into the dough. Measure out 1/5 cup of dough for each cookie. Place on lightly oiled cookie sheet. Bake 12-15 minutes. Makes 16 cookies.

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